



This roadmap is a recommended semester-by-semester plan of study for this major. However, courses and milestones designated as critical (in boldface and shaded areas) must be completed in the semester listed to ensure a timely graduation.

Course Subject and Title	Credit Hours	Upper Division	Min. Grade	Important Notes
<b>Semester One: [14 Credit Hours]</b>				
IHS 10000 Careers in Health Sciences and Human Services	3			
MATH 11009 Modeling Algebra	4			Fulfills Kent Core Mathematics and Critical Reasoning
US 10097 Destination Kent State: FYE	1			Not required of transfer students with 25 credits
Kent Core Requirement	6			See Kent Core Summary on page 2
<b>Semester Two: [15 Credit Hours]</b>				
HED 14020 Introduction to Medical Terminology	3			
Kent Core Requirement	12			See Kent Core Summary on page 2
<b>Semester Three: [14-15 Credit Hours]</b>				
PSYC 11762 General Psychology	3			Fulfills Kent Core Social Sciences and domestic diversity course requirement
Kent Core Requirement	3			See Kent Core Summary on page 2
Introduction to Professions Elective	3			See note 1 on page 2
Human Development Elective	5-6			See note 2 on page 2
<b>Semester Four: [16-17 Credit Hours]</b>				
PSYC 21621 Quantitative Methods in Psychology I	3			
Kent Core Requirement	6			See Kent Core Summary on page 2
Introduction to Professions Elective	4-5			See note 1 on page 2
Human Development Elective	3			See note 2 on page 2
<b>Semester Five: [15 Credit Hours]</b>				
Kent Core Requirement	3			See Kent Core Summary on page 2
Human Development Elective	3			See note 2 on page 2
Health Services Electives	6			See note 3 on page 3
General Elective (upper division)	3	■		Should fulfill global diversity requirement if not satisfied earlier
<b>Semester Six: [12 Credit Hours]</b>				
Human Development Elective	3			See note 2 on page 2
Health Services Electives	3			See note 3 on page 3
General Electives (upper division)	6	■		Should fulfill global diversity requirement if not satisfied earlier
<b>Semester Seven: [18 Credit Hours]</b>				
<b>Requirement: apply for graduation</b>				
IHS 44010 Research Design and Statistical Methods for the Health Professions	3	■		
NURS 41095 Special Topics: Health Care Policy and Delivery Systems	3	■		
PHIL 40005 Health Care Ethics	3	■		
General Electives (upper division)	9	■		Should fulfill global diversity requirement if not satisfied earlier



**Critical requirements are boldface in shaded areas**

Course Subject and Title	Credit Hours	Upper Division	Min. Grade	Important Notes
<b>Semester Eight: [17 Credit Hours]</b>				
<b>IHS 44091 Professional Seminar in Integrated Health Studies</b>	<b>3</b>	<b>■</b>	<b>C</b>	<b>Fulfills writing-intensive course requirement; offered in spring only</b>
IHS 40091 Seminar for Practicum in Integrated Health Studies	2	■		
Health Services Elective (upper division)	6	■		See note 3 on page 3
General Electives (upper division)	6	■		Number of credits required depends on meeting minimum 121 credit hours and minimum 39 upper-division credit hours

**Graduation Requirements Summary**

Minimum Total Hours	Minimum Upper-Division Hours	Minimum Kent Core Hours	Diversity Course Global / Domestic	Writing-Intensive	Minimum Major GPA	Minimum Overall GPA
121	39	36	Kent Core or General Electives / PSYC 11762	IHS 44091	2.25	2.0

**Kent Core Summary**

Kent Core Categories	Important Notes	Remaining Credit Hours
<b>Additional (6 credit hours)</b> <i>Must be selected from two Kent Core categories</i>	May fulfill global diversity requirement	6
<b>Basic Sciences (6-7 credit hours)</b> <i>Must include one laboratory</i>	Must be BSCI and CHEM courses	6-7
<b>Composition (6-8 credit hours)</b> <i>ENG 11002, 11011, 21011; HONR 10197, 10297</i>	Enrollment based on placement test	6-8
<b>Humanities and Fine Arts (9 credit hours)</b> <i>Minimum one course from humanities in Arts and Sciences category and minimum one course from fine arts category</i>	May fulfill global diversity requirement	9
<b>Mathematics and Critical Reasoning (3-5 credit hours)</b>	Fulfilled in this major with MATH 11009	0
<b>Social Sciences (6 credit hours)</b> <i>Must be selected from two curricular areas</i>	3 credits fulfilled in this major with PSYC 11762	3

**Note 1: Introduction to profession electives (7-8 credit hours), choose from the following:**

(5 credit hours of allied health coursework may be used to fulfill this category)

GERO14029 Introduction to Gerontology *	3	NURS 10050 Introduction to Professional Nursing	1
HDFS 14027 Introduction to Human Development and Family Studies	2	OCAT 10000 Introduction to Occupational Therapy	3
		PTST 10000 Introduction to Physical Therapy Assisting	2
HED 21030 Introduction to Health Education	3	RPTM 16000 Foundations of Recreation and Leisure	3
HST 11000 Introduction to Human Services	1	SPA 10002 Introduction to Communication Disorders	2

**Note 2: Human development electives (14-15 credit hours), choose from the following:**

GERO 44030 Adult Development and Aging	3	HED 32544 Human Sexuality	3
HDFS 24011 Interpersonal Relationships and Families *	3	HED 44025 Women's Health Issues	3
		NURS 20950 Human Growth and Development	3
HDFS 24012 Child Development	3	RPTM 36040 Inclusion of People with Disabilities in Leisure Services *	3
HDFS 34013 Development in Infancy	3		
HDFS 44020 Adolescent Development	3	RPTM 36080 Principles of Therapeutic Recreation	3
HED 11570 Personal Health	3	SOC 42879 Aging in Society *	3
HED 32530 Drug Use and Misuse	3	SPA 44130 Communication Disorders of the Aging	2



**Note 3: Health services electives (15 credit hours), choose from the following:**

(9 credit hours of allied health courses may be used)

GERO 44031 Social Policy and Community Resources for Older Adults	3	RPTM 36010 Recreation, Leisure and Aging	3
HED 32565 Marketing in Health Education	3	RPTM 36040 Inclusion of People with Disabilities in Leisure Services *	3
IHS 44092 Practicum: Integrated Health Studies	3-10	RPTM 36080 Principles of Therapeutic Recreation	3
PSYC 40383 Psychological Interventions	3	SOC 42563 Sociology of Health and Health Care	3
RHAB 47712 Introduction to Rehabilitation	3	SPA 40104 Communication Disorders in Children and Adolescents	3
RPTM 26030 Recreation Group Leadership	3		

\* Course fulfills domestic diversity requirement

**Kent Core**

Students must complete a minimum 36 credit hours of the Kent Core. Certain courses required in programs and in student's major field may also fulfill the Kent Core. Honors equivalents shall satisfy the Kent Core. None of the courses on the Kent Core list may be taken with a pass/fail grade. Visit [www.kent.edu/catalog/kent-core](http://www.kent.edu/catalog/kent-core) for course list.

**Diversity Course Requirement**

Students must complete a two-course diversity requirement, consisting of one with a domestic (U.S.) focus and one with a global focus. One course must come from the Kent Core. The second course may be taken as a second Kent Core, within a major or minor, or as a general elective; or, with dean's approval, by completing one semester of study in another country. Visit [www.kent.edu/catalog/diversity](http://www.kent.edu/catalog/diversity) for course list.

**Writing-Intensive Course Requirement**

Students must complete a one-course writing-intensive requirement in their major and earn minimum C (2.00) grade.

Visit [www.kent.edu/catalog/wic](http://www.kent.edu/catalog/wic) for course list.

**Upper-Division Requirement**

Students must complete a minimum 39 upper-division (numbered 30000 to 49999) credit hours of coursework. Programs in the College of Arts and Sciences require a minimum of 42 hours of upper-division coursework.