



This roadmap is a recommended semester-by-semester plan of study for this major. However, courses and milestones designated as critical (in boldface and shaded areas) must be completed in the semester listed to ensure a timely graduation.

Course Subject and Title	Credit Hours	Upper Div.	Min. Grade	Major GPA	Important Notes
Semester One: [16 Credit Hours]					
COMM 15000 Introduction to Human Communication	3		C		Fulfills Kent Core Additional
HED 11590 Community Health Education	3		C	■	
US 10097 Destination Kent State: FYE	1				Not required of transfer students with 25 credits
Kent Core Requirement	3				See Kent Core Summary on page 2
Kent Core Requirement	3				
Kent Core Requirement	3				
Semester Two: [17 Credit Hours]					
Requirement: successful completion of Praxis I Reading (score 174), Writing (score 172) and Mathematics (score 174)					
CULT 29535 Education in a Democratic Society	3		C	■	
HED 11570 Personal Health	3		C	■	
PHIL 11001 Introduction to Philosophy or PHIL 21001 Introduction to Ethics	3		C		Fulfills Kent Core Humanities and global diversity course requirement
PSYC 11762 General Psychology	3		C		Fulfills Kent Core Social Sciences and domestic diversity course requirement
PEB 10035 Lifetime Fitness	2				
Kent Core Requirement	3				See Kent Core Summary on page 2
Semester Three: [15 Credit Hours]					
BSCI 10001 Human Biology	3		C		Fulfills Kent Core Basic Sciences
PSYC 20651 Child Psychology	3		C		Fulfills Kent Core Additional and domestic diversity course requirement
HED 20000 Health Education for Early Childhood	3		C	■	
HED 21030 Introduction to Health Education	3		C		
Kent Core Requirement	3				See Kent Core Summary on page 2
Semester Four: [15 Credit Hours]					
Requirement: apply and be accepted for Advanced Study; 2.75 minimum cumulative GPA					
EPSY 29525 Educational Psychology	3		C	■	
HED 32530 Drug Use and Misuse	3		C	■	
HED 32544 Human Sexuality	3		C	■	
Kent Core Requirement	3				See Kent Core Summary on page 2
Kent Core Requirement	1				
General Elective (lower or upper division)	2				
Semester Five: [16-17 Credit Hours]					
HED 32542 Methods and Applications of Health Education	5	■	C	■	Fulfills writing-intensive course requirement
HED 21050 Health Behavior Theories	3		C	■	
ITEC 19525 Educational Technology	3		C	■	
NUTR 23511 Science of Human Nutrition	3			■	Fulfills Kent Core Basic Sciences
HED Elective (upper division)	2-3	■	C	■	See note on page 2
Semester Six: [15 Credit Hours]					
Requirement: apply for student teaching					
HED 34050 Program Planning and Evaluation in Health Education	3	■	C	■	
HED 44543 Administration of School Health Programs	3	■	C	■	
HED 44550 Drug Abuse and Violence Educ. Programs	3	■	C	■	
HED 44544 Sexuality Education Programs	3	■	C	■	
SPED 23000 Introduction To Exceptionalities	3		C	■	Fulfills domestic diversity course requirement



Critical requirements are boldface in shaded areas.

Course Subject and Title	Credit Hours	Upper Div.	Min. Grade	Major GPA	Important Notes
Semester Seven: [15 Credit Hours]					
CI 47330 Reading and Writing in Adolescence/ Adulthood	3	■	C	■	
HED 42041 Health Counseling	3	■	C	■	
ITEC 47427 Technology and Learning or ITEC 47430 Computer Applications in Education	3	■		■	
HED Elective (upper division)	6	■	C	■	See note below; number of credits required depends on meeting minimum 8 credit hours
Semester Eight: [12 Credit Hours]					
HED 42358 Student Teaching in Health Education	9	■	S	■	
HED 49525 Inquiry Seminar into Professional Practice	3	■	C	■	

Graduation Requirements Summary

Minimum Total Hours	Minimum Upper-Division Hours	Minimum Kent Core Hours	Diversity Course Global / Domestic	Writing-Intensive	Minimum Major GPA	Minimum Overall GPA
121	39	36	PHIL 11001 or PHIL 21001 / SPED 23000, PSYC 11762 or 20651	HED 32542	2.75	2.75

Kent Core Summary

Kent Core Categories	Important Notes	Remaining Credit Hours
Composition (6-8 credit hours) <i>ENG 11002, 11011, 21011; HONR 10197, 10297</i>	Enrollment based on placement test	6-8
Mathematics and Critical Reasoning (3-5 credit hours)	Enrollment based on placement test	3-5
Humanities and Fine Arts (9 credit hours) <i>Minimum one course from humanities in Arts and Sciences and minimum one course from fine arts</i>	3 credits fulfilled in this major with PHIL 11001 (or PHIL 21001)	6
Social Sciences (6 credit hours) <i>Must be selected from two curricular areas</i>	3 credits fulfilled in this major with PSYC 11762	3
Basic Sciences (6-7 credit hours) <i>Must include one laboratory</i>	6 credits are fulfilled in this major with BSCI 10001 and NUTR 23511; must include one laboratory	1
Additional (6 credit hours) <i>Must be selected from two Kent Core categories</i>	Fulfilled in this major with COMM 15000 and PSYC 20651	0

Note: HED electives (8 credit hours), choose from the following:

HED 32575 Consumer Health	3	HED 46052 Stress: Recognition and Management	2
HED 34060 Small Group Process	2	HED 46057 Advanced Human Sexuality	3
HED 42575 Health and Learning: Strategies for Students and Teachers	3	HED 46060 Death Education	3
		HED 47070 AIDS: Issues, Education and Prevention	3
HED 44025 Women's Health Issues	3	HED 48092 Field Experience in Health Education	1-3

Note on Licensure:

- Students must pass the Praxis II "Principles of Learning and Teaching Grades 7–12" and Praxis II specialty test "Health Education"
- Apply for teaching license (pick up licensure packet in 304 White Hall).

Kent Core

Students must complete a minimum 36 credit hours of the Kent Core. Certain courses required in programs and in student's major field may also fulfill the Kent Core. Honors equivalents shall satisfy the Kent Core. None of the courses on the Kent Core list may be taken with a pass/fail grade. Visit www.kent.edu/catalog/kent-core for course list.

Diversity Course Requirement

Students must complete a two-course diversity requirement, consisting of one with a domestic (U.S.) focus and one with a global focus. One course must come from the Kent Core. The second course may be taken as a second Kent Core, within a major or minor, or as a general elective; or, with dean's approval, by completing one semester of study in another country. Visit www.kent.edu/catalog/diversity for course list.

Writing-Intensive Course Requirement

Students must complete a one-course writing-intensive requirement in their major and earn minimum C (2.00) grade. Visit www.kent.edu/catalog/wic for course list.

Upper-Division Requirement

Students must complete a minimum 39 upper-division (numbered 30000 to 49999) credit hours of coursework. Programs in the College of Arts and Sciences require a minimum of 42 hours of upper-division coursework.