



This roadmap is a recommended semester-by-semester plan of study for this major. However, courses and milestones designated as critical (in boldface and shaded areas) must be completed in the semester listed to ensure a timely graduation.

Course Subject and Title	Credit Hours	Upper Div.	Min. Grade	Major GPA	Important Notes
Semester One: [15 Credit Hours]					
PEP 15010 Introduction to Physical Education, Fitness and Sport	3			■	
US 10097 Destination Kent State: First Year Experience	1				Not required of transfer students with 25 credits
PEB or Professional Movement Elective	2			■	
Kent Core Requirement	3				See Kent Core Summary on page 2
Kent Core Requirement	3				
Kent Core Requirement	3				
Semester Two: [14 Credit Hours]					
PSYC 11762 General Psychology	3				Fulfills Kent Core Social Sciences and domestic diversity requirement
PEB or Professional Movement Elective	2			■	
Kent Core Requirement	3				See Kent Core Summary on page 2
Kent Core Requirement	3				
Kent Core Requirement	3				
Semester Three: [16 Credit Hours]					
ATTR 25057 Human Anatomy and Physiology I or EXSC 25057 Human Anatomy and Physiology I	3			■	
PEP 25033 Lifespan Motor Development	3			■	
PEB or Professional Movement Elective	1			■	
Kent Core Requirement	3				See Kent Core Summary on page 2
Kent Core Requirement	3				
Approved Minor and/or General Electives	3				Should fulfill global diversity requirement if not satisfied earlier; see note 2 on page 2
Semester Four: [15 Credit Hours]					
EXSC 35068 Statistics for Exercise Scientist	3			■	
PEP 25059 Sport in Society or SPAD 25059 Sport in Society	3			■	PEP 25059 fulfills domestic diversity requirement
Approved Minor and/or General Electives	9				See note 2 on page 2
Semester Five: [15 Credit Hours]					
PEP 35010 Psychological Dimensions of Motor Behavior	3	■		■	Fulfills writing-intensive course requirement; see note 1 on page 2
PEP 35084 Motor Skill Analysis	3	■		■	Offered in spring only
PEB or Professional Movement Elective	1			■	
Kent Core Requirement	3				See Kent Core Summary on page 2
Approved Minor and/or General Electives	5				Should fulfill global diversity requirement if not satisfied earlier; see note 2 on page 2
Semester Six: [16 Credit Hours]					
PEP 45015 Psychology of Coaching	3	■		■	
PEB or Professional Movement Elective	1			■	
Kent Core Requirement	3				See Kent Core Summary on page 2
Kent Core Requirement	3				
Approved Minor and/or General Electives	6	■			See note 2 on page 2
Semester Seven: [15 Credit Hours]					
Note: apply for graduation					
SPAD 35065 History and Philosophy of Sport and Physical Activity	3	■		■	Fulfills writing-intensive course requirement; see note 1 below
PEP 45037 Adapted Physical Education	3	■		■	
Approved Minor and/or General Electives	9	■			See note 2 on page 2



Critical requirements are boldface in shaded areas.

Course Subject and Title	Credit Hours	Upper Div.	Min. Grade	Major GPA	Important Notes
Semester Eight: [15 Credit Hours]					
PEP 45092 Internship in Physical Education or PEP 45096 Individual Investigation in Physical Education	3	■		■	PEP 45092 will fulfill experiential learning requirement
Approved Minor and/or General Electives	12	■			Number of credits required depends on meeting minimum 121 credit hours and 39 upper-division hours; see note 2 below

Graduation Requirements Summary

Minimum Total Hours	Minimum Upper-Division Hours	Minimum Kent Core Hours	Global / Domestic Diversity Course	Writing-Intensive	Experiential Learning	Minimum Major GPA	Minimum Overall GPA
121	39	36	Kent Core /PSYC 11762 or PEP 25059	PEP 35010 or SPAD 35065	PEP 45092	2.250	2.000

Kent Core Summary

Kent Core Categories	Important Notes	Remaining Credit Hours
Composition (6-8 credit hours) <i>ENG 11002, 11011, 21011; HONR 10197, 10297</i>	Enrollment based on placement test	6-8
Mathematics and Critical Reasoning (3-5 credit hours)	Enrollment based on placement test	3-5
Humanities and Fine Arts (9 credit hours) <i>Minimum one course from humanities in Arts and Sciences and minimum one course from fine arts</i>	May fulfill diversity requirement	9
Social Sciences (6 credit hours) <i>Must be selected from two curricular areas</i>	3 credit hours fulfilled in this major with PSYC 11762	3
Basic Sciences (6-7 credit hours) <i>Must include one laboratory</i>		6-7
Additional (6 credit hours) <i>Must be selected from two Kent Core categories</i>	May fulfill diversity requirement	6

Note 1: A minimum C grade must be earned in either PEP 35010 or PEP 35065 in order to fulfill the writing-intensive requirement.

Note 2: A minor is required for this program. Approved minor and/or general electives must include 21 upper-division hours total

Kent Core

Students must complete a minimum 36 credit hours of the Kent Core. Certain courses required in programs and in student's major field may also fulfill the Kent Core. Honors equivalents shall satisfy the Kent Core. None of the courses on the Kent Core list may be taken with a pass/fail grade. Visit www.kent.edu/catalog/kent-core for course list.

Diversity Course Requirement

Students must complete a two-course diversity requirement, consisting of one with a domestic (U.S.) focus and one with a global focus. One course must come from the Kent Core. The second course may be taken as a second Kent Core, within a major or minor, or as a general elective; or, with dean's approval, by completing one semester of study in another country. Visit www.kent.edu/catalog/diversity for course list.

Writing-Intensive Course Requirement

Students must complete a one-course writing-intensive requirement in their major and earn minimum C (2.000) grade. Visit www.kent.edu/catalog/wic for course list.

Experiential Learning Requirement

To provide students with direct engagement in learning experiences that promote academic relevance, meaning and an understanding of real-world issues, students must complete this requirement at Kent State, either as a for-credit course or as a non-credit, non-course experience approved by the appropriate faculty member. Visit www.kent.edu/catalog/elr for course list.

Upper-Division Requirement

Students must complete a minimum 39 upper-division (numbered 30000 to 49999) credit hours of coursework. Programs in the College of Arts and Sciences require a minimum of 42 hours of upper-division coursework.

