This roadmap is a recommended semester-by-semester plan of study for this major. However, courses and milestones designed as critical (§) must be completed in the semester listed to ensure a timely graduation.

### Critical Yearly Requirement
- **Semester One [16 Credits]**
  - HED 11570 Personal Health
  - PEP 15010 Introduction to Physical Education, Fitness and Sport
  - PEP 15020 Fundamental Movement, Gymnastics and Dance
  - US 10097 Destination Kent State: First Year Experience
- **Semester Two [16 Credits]**
  - CULT 29833 Education in a Democratic Society
  - PEP 15015 Development and Analysis of Net Games
  - PEB Electives §
- **Semester Three [15 Credits]**
  - PEP 15011 Development and Analysis of Invasion Games
  - PEP 15016 Development and Analysis of Target and Field Games
  - HED 20000 Teaching Health to Young Learners
  - HED 21030 Introduction to Health Education
  - ITEC 19525 Educational Technology
- **Semester Four [17 Credits]**
  - EPSY 29525 Educational Psychology
  - PSYC 11762 General Psychology
  - PEB Electives §
- **Semester Five [18 Credits]**
  - ATTR 25057 Human Anatomy and Physiology 1
  - HED 21050 Health Education Theories
  - PEP 25033 Lifespan Motor Development
  - SPED 23000 Introduction to Exceptionalities
  - Kent Core Requirement
- **Semester Six [15 Credits]**
  - PEP 25025 Teaching in Physical Education
  - HED 32530 Drug Use and Misuse
  - HED 32544 Human Sexuality
  - HED 44543 Administration of School Health Programs
  - PEP 35084 Motor Skill Analysis
- **Semester Seven [14 Credits]**
  - HED 32542 Methods and Applications of Health Education
  - HED 42041 Health Coaching
  - PEP 35020 Fitness Education
  - SPAD 35065 History and Philosophy of Sport and Physical Activity
- **Semester Eight [15 Credits]**
  - PEP 45058 Secondary School Physical Education Methods
  - PEP 45059 Secondary School Physical Education Content
  - HED 34050 Program Planning and Evaluation in Health Education
  - HED 44544 Sexuality Education Programs
  - HED 44550 Drug Abuse and Violence Education Programs
- **Semester Nine [15 Credits]**
  - PEP 45051 Elementary School Physical Education Methods
  - PEP 45053 Elementary School Physical Education Content
  - CI 47330 Reading and Writing in Adolescence/Adulthood
  - NUTR 23511 Science of Human Nutrition
  - PEP 45037 Adapted Physical Education
### Roadmap: Physical Education - Health and Physical Education - Bachelor of Science

**Catalog Year: 2014-2015**

**Education, Health and Human Services**

**School of Teaching, Learning and Curriculum Studies**

### Critical Course Subject and Title

<table>
<thead>
<tr>
<th>Semester Ten [16 Credits]</th>
</tr>
</thead>
<tbody>
<tr>
<td>Requirement: minimum 2.750 cumulative GPA; minimum 2.750 major GPA</td>
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</tbody>
</table>

1. HED 49526 Inquiry Seminar into Professional Practice
2. PEP 49525 Inquiry into Professional Practice in Physical Education
3. EDUC 49526 Student Teaching in Health and Physical Education

**Graduation Requirements Summary**

<table>
<thead>
<tr>
<th>Minimum Total Hours</th>
<th>Minimum Upper-Division Hours</th>
<th>Minimum Kent Core Hours</th>
<th>Minimum Major GPA</th>
<th>Overall GPA</th>
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<tbody>
<tr>
<td>157</td>
<td>39</td>
<td>36</td>
<td>2.750</td>
<td>2.750</td>
</tr>
</tbody>
</table>

1. US 10097 is not required of transfer students with 25 credits or students age 21+ at time of admission.

2. PEB Electives (3 credit hours)

### University Requirements Summary

#### Type

<table>
<thead>
<tr>
<th>Type</th>
<th>Categories</th>
<th>Course(s) Satisfying Category</th>
<th>Remaining Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>KCM</td>
<td>Kent Core I. Composition</td>
<td>Enrollment based on placement test</td>
<td>a grade of C is required in both courses visit <a href="http://www.kent.edu/catalog/kent-core">www.kent.edu/catalog/kent-core</a></td>
</tr>
<tr>
<td>KMC</td>
<td>Kent Core II. Mathematics and Critical Reasoning</td>
<td>Enrollment based on placement test</td>
<td>visit <a href="http://www.kent.edu/catalog/kent-core">www.kent.edu/catalog/kent-core</a></td>
</tr>
<tr>
<td>KHU</td>
<td>Kent Core III. Humanities</td>
<td>Minimum one course from humanities in Arts and Sciences; may fulfill diversity requirement</td>
<td>visit <a href="http://www.kent.edu/catalog/kent-core">www.kent.edu/catalog/kent-core</a></td>
</tr>
<tr>
<td>KFA</td>
<td>Kent Core IV. Fine Arts</td>
<td>Minimum one course from the fine arts; may fulfill diversity requirement</td>
<td>visit <a href="http://www.kent.edu/catalog/kent-core">www.kent.edu/catalog/kent-core</a></td>
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<tr>
<td>KFH</td>
<td>Kent Core V. Humanities or Fine Arts</td>
<td>One additional course from either the humanities or fine arts category, may fulfill diversity requirement.</td>
<td>visit <a href="http://www.kent.edu/catalog/kent-core">www.kent.edu/catalog/kent-core</a></td>
</tr>
<tr>
<td>KSS</td>
<td>Kent Core VI. Social Sciences</td>
<td>Must be selected from two curricular areas; may fulfill diversity requirement</td>
<td>PSYC 11762</td>
</tr>
<tr>
<td>KBS</td>
<td>Kent Core VII. Basic Sciences</td>
<td>Must include one laboratory</td>
<td>NUTR 23511; ATTR 25057 or EXSC 25057</td>
</tr>
<tr>
<td>KAD</td>
<td>Kent Core VIII. Additional</td>
<td>May fulfill diversity requirement</td>
<td>COMM 15000</td>
</tr>
<tr>
<td>DD</td>
<td>Domestic Diversity Course Requirement</td>
<td>Either domestic or global diversity must be from Kent Core</td>
<td>PSYC 11762</td>
</tr>
<tr>
<td>DG</td>
<td>Global Diversity Course Requirement</td>
<td>Either domestic or global diversity must be from Kent Core</td>
<td>visit <a href="http://www.kent.edu/catalog/diversity">www.kent.edu/catalog/diversity</a></td>
</tr>
<tr>
<td>ELR</td>
<td>Experiential Learning Requirement</td>
<td>Either course or non-course experience approved by the appropriate faculty member</td>
<td>EDUC 49526</td>
</tr>
<tr>
<td>WIC</td>
<td>Writing-Intensive Course Requirement</td>
<td>Minimum C (2.000) grade</td>
<td>HED 32542, SPAD 35065</td>
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