

This roadmap is a recommended semester-by-semester plan of study for this major. However, courses and milestones designed as critical (!) must be completed in the semester listed to ensure a timely graduation.

Critical	Course Subject and Title	Credit Hours	Min. Grade	Major GPA	Attribute	Notes
<b>Semester One [16 Credits]</b>						
!	<b>COMM 15000 Introduction to Human Communication</b>	3	C		KAD	
!	<b>HED 11590 Community Health Education</b>	3	C	■		
	UC 10097 Destination Kent State: First Year Experience <sup>1</sup>	1				
	Kent Core Requirement	3				
	Kent Core Requirement	3				
	Kent Core Requirement	3				
<b>Semester Two [17 Credits]</b>						
<b>Requirement: successful completion of Praxis Core Reading (score 156), Writing (score 162) and Mathematics (score 150)</b>						
!	<b>CULT 29535 Education in a Democratic Society</b>	3	C			
!	<b>HED 11570 Personal Health</b>	3	C	■		
!	<b>PHIL 11001 Introduction to Philosophy or PHIL 21001 Introduction to Ethics</b>	3	C		DG/KHU	
!	<b>PSYC 11762 General Psychology</b>	3	C		DD/KSS	
	PEB 10035 Lifetime Fitness	2		■		
	Kent Core Requirement	3				
<b>Semester Three [15 Credits]</b>						
<b>Requirement: minimum 2.750 overall GPA by the end of term; minimum 2.750 major GPA</b>						
!	<b>BSCI 10001 Human Biology</b>	3	C		KBS	
!	<b>PSYC 20651 Child Psychology</b>	3	C		DD/KSS	
	HED 21030 Introduction to Health Education	3	C	■		
	Kent Core Requirement	3				
	Kent Core Requirement	3				
<b>Semester Four [14 Credits]</b>						
<b>Requirement: apply online for Advanced Study by the second Friday of the term; 2.750 minimum overall GPA; minimum 2.750 major GPA</b>						
!	<b>EPSY 29525 Educational Psychology</b>	3	C			
	HED 20000 Teaching Health to Young Learners	3	C	■		
	HED 32530 Drug Use and Misuse	3	C	■		
	HED 32544 Human Sexuality	3	C	■		
	Kent Core Requirement	1				
	General Elective (lower or upper division) <sup>2</sup>	1				
<b>Semester Five [16 Credits]</b>						
<b>Requirement: minimum 2.750 major GPA; minimum 2.750 overall GPA</b>						
!	<b>HED 32542 Methods and Applications of Health Education</b>	5	C	■	WIC	
	HED 21050 Health Education Theories	3	C	■		
	ITEC 39525 Educational Technology	3	C			
	NUTR 23511 Science of Human Nutrition	3	C		KBS	
	HED Elective (upper division) <sup>3</sup>	2	C	■		
<b>Semester Six [15 Credits]</b>						
<b>Requirement: apply for student teaching; minimum 2.750 major GPA; minimum 2.750 overall GPA</b>						
	HED 34050 Program Planning and Evaluation in Health Education	3	C	■		
	HED 44543 Administration of School Health Programs	3	C	■		
	HED 44550 Drug Abuse and Violence Educ. Programs	3	C	■		
	HED 44544 Sexuality Education Programs	3	C	■		
	SPED 23000 Introduction To Exceptionalities	3	C		DD	
<b>Semester Seven [15 Credits]</b>						
<b>Requirement: minimum 2.750 major GPA; minimum 2.750 overall GPA</b>						
	CI 47330 Reading and Writing in Adolescence/ Adulthood	3	C			
	HED 42041 Health Coaching	3	C	■		
	ITEC 47427 Technology and Learning or ITEC 47430 Computer Applications in Education	3	C			
	HED Elective (upper division) <sup>3</sup>	6	C	■		
<b>Semester Eight [12 Credits]</b>						
<b>Requirement: minimum 2.750 major GPA; minimum 2.750 overall GPA</b>						
!	<b>HED 42358 Student Teaching in Health Education</b>	9	S	■	ELR	
!	<b>HED 49525 Inquiry Seminar into Professional Practice</b>	3	C	■		

**Graduation Requirements Summary**

Minimum Total Hours	Minimum Upper-Division Hours 30000 – 40000 level course	Minimum Kent Core Hours	Minimum	
			Major GPA	Overall GPA
120	39	36	2.750	2.750

1. UC 10097 is not required of transfer students with 25 credits (excluding College Credit Plus) or students age 21+ at time of admission
2. Number of credits required depends on meeting minimum 120 credit hours and minimum 39 upper-division credit hours
3. HED electives (8 credit hours)

Choose from the following:	
HED 32575 Consumer Health (3)	HED 46052 Stress: Recognition and Management (2)
HED 34060 Small Group Processes (2)	HED 46057 Advanced Human Sexuality (3)
HED 42575 Health and Learning: Strategies for Students and Teachers (3)	HED 47070 Aids: Issues, Education and Prevention (3)
HED 44025 Women's Health Issues (3)	HED 48092 Field Experience in Health Education and Promotion (1 - 3)

**Special Major Notes:**

- Minimum C grade must be earned in both Kent Core Composition courses.
- Candidates seeking Ohio licensure are required to pass specific assessments in order to apply for licensure. See [Ohio Department of Education-Educator Preparation](#) website for more information on assessments specific to licensure type. Taking and passing the licensure tests prior to graduation is encouraged but not required.

**University Requirements:** Bachelor's degree-seeking students must meet Kent Core (general education requirements), diversity, writing-intensive and experiential learning requirements. For more information about these requirements, please read the following sections in the University Catalog: Kent Core – [www.kent.edu/catalog/kent-core](http://www.kent.edu/catalog/kent-core); Diversity Course Requirement – [www.kent.edu/catalog/diversity](http://www.kent.edu/catalog/diversity); Writing-Intensive Course Requirement – [www.kent.edu/catalog/wic](http://www.kent.edu/catalog/wic); Experiential Learning Requirement – [www.kent.edu/catalog/elr](http://www.kent.edu/catalog/elr).

**Attribute Legend:** **DD** Diversity–Domestic; **DG** Diversity–Global; **ELR** Experiential Learning; **KAD** Kent Core Additional; **KBS** Kent Core Basic Sciences; **KCM** Kent Core Composition; **KFA** Kent Core Fine Arts; **KHU** Kent Core Humanities; **KMC** Kent Core Mathematics and Critical Reasoning; **KSS** Kent Core Social Sciences; **WIC** Writing Intensive