



This roadmap is a recommended semester-by-semester plan of study for this major. However, courses and milestones designated as critical (in boldface and shaded areas) must be completed in the semester listed to ensure a timely graduation.

Course Subject and Title	Credit Hours	Upper Division	Min. Grade	Important Notes
<b>Semester One: [16 Credit Hours]</b>				
<b>HED 11590 Community Health Education</b>	<b>3</b>		<b>C</b>	
COMM 15000 Introduction to Human Communication	3		C	Fulfills Kent Core Additional
US 10097 Destination Kent State: FYE	1			Not required of transfer students with 25 credits
Kent Core Requirement	6			See Kent Core Summary on page 2
HED Elective (lower or upper division)	3			See note on page 2
<b>Semester Two: [17 Credit Hours]</b>				
<b>HED 11570 Personal Health</b>	<b>3</b>		<b>C</b>	
PEB 10035 Lifetime Fitness	2			
PHIL 11001 Introduction to Philosophy <i>or</i> PHIL 21001 Introduction to Ethics	3			Fulfills Kent Core Humanities and global diversity course requirement
Kent Core Requirement	9			See Kent Core Summary on page 2
<b>Semester Three: [15 Credit Hours]</b>				
<b>HED 21030 Introduction to Health</b>	<b>3</b>		<b>C</b>	
BSCI 10001 Human Biology	3		C	Fulfills Kent Core Basic Sciences
HED 21050 Health Behavior Theories	3		C	
Kent Core Requirement	6			See Kent Core Summary on page 2
<b>Semester Four: [15-16 Credit Hours]</b>				
<b>HED 32544 Sexuality Education Programs</b>	<b>3</b>	■	<b>C</b>	
PSYC 21621 Quantitative Methods in Psychology I <i>or</i> SOC 32220 Data Analysis <i>and</i> SOC 32221 Data Analysis Laboratory	3-4		C	
General Elective (lower or upper division)	9			
<b>Semester Five: [17 Credit Hours]</b>				
<b>HED 32542 Methods and Applications of Health Education</b>	<b>5</b>	■	<b>C</b>	<b>Fulfills writing-intensive course requirement.</b>
NUTR 23511 Science of Human Nutrition	3			Fulfills Kent Core Basic Sciences
HED Electives (upper division)	6	■		See note 1 on page 2
General Elective (lower or upper division)	3			
<b>Semester Six: [16 Credit Hours]</b>				
COMM 45960 Health Communication <i>or</i> HED 32565 Marketing Health Education Programs	3	■	C	
HED 34050 Program Planning and Evaluation in Health Education	3	■	C	
ENVT 10001 Introduction to Environmental Technology <i>or</i> HED 41561 Environmental Health	3			ENVT 10001 is offered on Trumbull campus only
JMC 20001 Media, Power and Culture <i>or</i> JMC 20003 Introduction to Mass Communication <i>or</i> JMC 20004 Media Writing <i>or</i> JMC 20005 Fundamentals of Media Messages	3			JMC 20001 fulfills Kent Core Social Sciences and domestic diversity course requirement
Kent Core Requirement	1			See Kent Core Summary on page 2
Kent Core Requirement <i>or</i> General Elective (lower or upper division)	3			Select a general elective if JMC 20001 is taken



**Critical requirements are boldface in shaded areas**

Course Subject and Title	Credit Hours	Upper Division	Min. Grade	Important Notes
<b>Semester Seven: [13 Credit Hours]</b>				
ITEC 47247 Technology and Learning <i>or</i> ITEC 47430 Computer Applications in Education	3	■		
HED Electives (upper division)	9	■		See note 1 below
General Elective (lower or upper division)	1			Number of credits required depends on meeting minimum 121 credit hours and 39 upper-division hours
<b>Semester Eight: [12 Credit Hours]</b>				
HED 44092 Internship in Community Health Education	12	■	C	

**Graduation Requirements Summary**

Minimum Total Hours	Minimum Upper-Division Hours	Minimum Kent Core Hours	Diversity Course Global / Domestic	Writing-Intensive	Minimum Major GPA	Minimum Overall GPA
121	39	36	PHIL 11001 or 21001 / Kent Core or JMC 20001	HED 32542	2.75	2.75

**Kent Core Summary**

Kent Core Categories	Important Notes	Remaining Credit Hours
<b>Additional (6 credit hours)</b> <i>Must be selected from two Kent Core categories</i>	3 credits fulfilled in this major with COMM 15000; may fulfill domestic diversity course requirement	3
<b>Basic Sciences (6-7 credit hours)</b> <i>Must include one laboratory</i>	6 credits are fulfilled in this major with BSCI 10001 and NUTR 23511; must include one laboratory.	1
<b>Composition (6-8 credit hours)</b> <i>ENG 11002, 11011, 21011; HONR 10197, 10297</i>	Enrollment based on placement test	6-8
<b>Humanities and Fine Arts (9 credit hours)</b> <i>Minimum one course from humanities in Arts and Sciences category and minimum one course from fine arts category</i>	3 credits fulfilled in this major with PHIL 11001 (or PHIL 21001); may fulfill domestic diversity course requirement	6
<b>Mathematics and Critical Reasoning (3-5 credit hours)</b>	Enrollment based on placement test	3-5
<b>Social Sciences (6 credit hours)</b> <i>Must be selected from two curricular areas</i>	3 credits may be fulfilled in this major with option JMC 20001	3-6

**Note 1: HED electives (18 credit hours), choose from the following:**

HED 14020 Introduction to Medical Terminology	3	HED 44550 Drug Abuse and Violence Educ. Progs	3
HED 32530 Drug Use and Misuse	3	HED 46052 Stress: Recognition and Management	2
HED 32575 Consumer Health	3	HED 46057 Advanced Human Sexuality	3
HED 34060 Small Group Process	2	HED 46060 Death Education	3
HED 42041 Health Counseling	3	HED 47070 AIDS: Issues, Education and Prevention	3
HED 44025 Women's Health Issues	3	HED 48092 Field Experience in Health Education	1-3
HED 44544 Sexual Health Promotion	3		

**Kent Core**

Students must complete a minimum 36 credit hours of the Kent Core. Certain courses required in programs and in student's major field may also fulfill the Kent Core. Honors equivalents shall satisfy the Kent Core. None of the courses on the Kent Core list may be taken with a pass/fail grade. Visit [www.kent.edu/catalog/kent-core](http://www.kent.edu/catalog/kent-core) for course list.

**Diversity Course Requirement**

Students must complete a two-course diversity requirement, consisting of one with a domestic (U.S.) focus and one with a global focus. One course must come from the Kent Core. The second course may be taken as a second Kent Core, within a major or minor, or as a general elective; or, with dean's approval, by completing one semester of study in another country. Visit [www.kent.edu/catalog/diversity](http://www.kent.edu/catalog/diversity) for course list.

**Writing-Intensive Course Requirement**

Students must complete a one-course writing-intensive requirement in their major and earn minimum C (2.00) grade.

Visit [www.kent.edu/catalog/wic](http://www.kent.edu/catalog/wic) for course list.

**Upper-Division Requirement**

Students must complete a minimum 39 upper-division (numbered 30000 to 49999) credit hours of coursework. Programs in the College of Arts and Sciences require a minimum of 42 hours of upper-division coursework.