



This roadmap is a recommended semester-by-semester plan of study for this major. However, courses and milestones designated as critical (in boldface and shaded areas) must be completed in the semester listed to ensure a timely graduation.

Course Subject and Title	Credit Hours	Upper Division	Min. Grade	Important Notes
Semester One: [15 Credit Hours]				
PEP 15010 Introduction to Physical Education, Fitness and Sport	3			
US 10097 Destination Kent State: FYE	1			Not required of transfer students with 25 credits
PEB or Professional Movement Elective	2			
Kent Core Requirements	9			See Kent Core Summary on page 2
Semester Two: [14 Credit Hours]				
PSYC 11762 General Psychology	3			Fulfills Kent Core Social Sciences and domestic diversity requirement
PEB or Professional Movement Elective	2			
Kent Core Requirements	9			See Kent Core Summary on page 2
Semester Three: [16 Credit Hours]				
ATTR 25057 Human Anatomy and Physiology I or EXSC 25057 Human Anatomy and Physiology I	3			
PEP 25033 Lifespan Motor Development	3			
Approved Minor and/or General Electives	3			Should fulfill global diversity requirement if not satisfied earlier
PEB or Professional Movement Elective	1			
Kent Core Requirements	6			See Kent Core Summary on page 2
Semester Four: [16 Credit Hours]				
Note: declare a minor				
PEP 25068 Measurement and Evaluation in Fitness and Sport	3			
PEP 15018 Development of Swimming and Aquatic Skills	1			
ATTR 25058 Human Anatomy and Physiology II or EXSC 25058 Human Anatomy and Physiology II	3			
PEP 25059 Sport in Society or SPAD 25059 Sport in Society	3			PEP 25059 fulfills domestic diversity requirement
Approved Minor and/or General Electives	6			
Semester Five: [15 Credit Hours]				
PEP 35010 Psychological Dimensions of Motor Behavior	3	■		Fulfills writing-intensive course requirement; see note 1 on page 2
ATTR 35054 Biomechanics or EXSC 35054 Biomechanics	3	■		
Approved Minor and/or General Electives	5			Should fulfill global diversity requirement if not satisfied earlier
PEB or Professional Movement Elective	1			
Kent Core Requirement	3			See Kent Core Summary on page 2
Semester Six: [16 Credit Hours]				
PEP 45015 Psychology of Coaching	3	■		
Kent Core Requirements	6			See Kent Core Summary on page 2
PEB or Professional Movement Elective	1			
Approved Minor and/or General Electives	6	■		See note 2 below



Critical requirements are boldface in shaded areas

Course Subject and Title	Credit Hours	Upper Division	Min. Grade	Important Notes
Semester Seven: [15 Credit Hours]				
Note: apply for graduation				
PEP 35065 History and Philosophy of Sport and Physical Activity	3	■		Fulfills writing-intensive course requirement; see note 1 below
PEP 45037 Adapted Physical Education	3	■		
Approved Minor and/or General Electives	9	■		See note 2 below
Semester Eight: [15 Credit Hours]				
PEP 45092 Internship in Physical Education <i>or</i> PEP 45096 Individual Investigation in Physical Education	3	■		
Approved Minor and/or General Electives	12	■		Number of credits required depends on meeting minimum 121 credit hours and minimum 39 upper-division credit hours

Graduation Requirements Summary

Minimum Total Hours	Minimum Upper-Division Hours	Kent Core Hours	Diversity Course Global / Domestic	Writing-Intensive	Minimum Major GPA	Minimum Overall GPA
122	39	36	Kent Core /PSYC 11762 and PEP 25059	PEP 35010 or PEP 35065	2.25	2.0

Kent Core Summary

Kent Core Categories	Important Notes	Remaining Credit Hours
Additional (6 credit hours) <i>Must be selected from two Kent Core categories</i>	May fulfill diversity requirement	6
Basic Sciences (6-7 credit hours) <i>Must include one laboratory</i>		6-7
Composition (6-8 credit hours) <i>ENG 11002, 11011, 21011; HONR 10197, 10297</i>	Enrollment based on placement test	6-8
Humanities and Fine Arts (9 credit hours) <i>Minimum one course from humanities in Arts and Sciences category and minimum one course from fine arts category</i>	May fulfill diversity requirement	9
Mathematics and Critical Reasoning (3-5 credit hours)	Enrollment based on placement	3-5
Social Sciences (6 credit hours) <i>Must be selected from two curricular areas</i>	3 credit hours fulfilled in this major with PSYC 11762	3

Note 1: A minimum C grade must be earned in either PEP 35010 or PEP 35065 in order to fulfill the writing-intensive requirement.

Note 2: Approved minor and/or general electives must include 21 upper-division hours total.

Kent Core

Students must complete a minimum 36 credit hours of the Kent Core. Certain courses required in programs and in student's major field may also fulfill the Kent Core. Honors equivalents shall satisfy the Kent Core. None of the courses on the Kent Core list may be taken with a pass/fail grade. Visit www.kent.edu/catalog/kent-core for course list.

Diversity Course Requirement

Students must complete a two-course diversity requirement, consisting of one with a domestic (U.S.) focus and one with a global focus. One course must come from the Kent Core. The second course may be taken as a second Kent Core, within a major or minor, or as a general elective; or, with dean's approval, by completing one semester of study in another country. Visit www.kent.edu/catalog/diversity for course list.

Writing-Intensive Course Requirement

Students must complete a one-course writing-intensive requirement in their major and earn minimum C (2.00) grade. Visit www.kent.edu/catalog/wic for course list.

Upper-Division Requirement

Students must complete a minimum 39 upper-division (numbered 30000 to 49999) credit hours of coursework. Programs in the College of Arts and Sciences require a minimum of 42 hours of upper-division coursework.