



This roadmap is a recommended semester-by-semester plan of study for this major. However, courses and milestones designated as critical (in boldface and shaded areas) must be completed in the semester listed to ensure a timely graduation.

Course Subject and Title	Credit Hours	Upper Div.	Min. Grade	Major GPA	Important Notes
<b>Semester One: [14 Credit Hours]</b>					
IHS 10000 Careers in Health Sciences and Human Services	3			■	
MATH 11009 Modeling Algebra	4				Fulfills Kent Core Mathematics and Critical Reasoning
US 10097 Destination Kent State: FYE	1				Not required of transfer students with 25 credits
Kent Core Requirement	3				See Kent Core Summary on page 2
Kent Core Requirement	3				
<b>Semester Two: [15 Credit Hours]</b>					
HED 14020 Introduction to Medical Terminology	3			■	
Kent Core Requirement	3				See Kent Core Summary on page 2
Kent Core Requirement	3				
Kent Core Requirement	3				
Kent Core Requirement	3				
Kent Core Requirement	3				
<b>Semester Three: [15-16 Credit Hours]</b>					
PSYC 11762 General Psychology	3				Fulfills Kent Core Social Sciences and domestic diversity course requirement
Kent Core Requirement	3				See Kent Core Summary on page 2
Introduction to Professions Elective	3			■	See note 1 on page 2
Human Development Elective	6-7				See note 2 on page 2
<b>Semester Four: [16-18 Credit Hours]</b>					
PSYC 21621 Quantitative Methods in Psychology I	3			■	
Kent Core Requirement	6				See Kent Core Summary on page 2
Introduction to Professions Elective	1-3			■	See note 1 on page 2
Human Development Elective	3			■	See note 2 on page 2
General Elective (upper division)	3	■			Should fulfill global diversity requirement if not satisfied earlier
<b>Semester Five: [15 Credit Hours]</b>					
Kent Core Requirement	3				See Kent Core Summary on page 2
Human Development Elective	3			■	See note 2 on page 2
Health Services Electives	6			■	See note 3 on page 3
General Elective (upper division)	3	■			Should fulfill global diversity requirement if not satisfied earlier
<b>Semester Six: [15 Credit Hours]</b>					
NURS 45010 Health Care Policy and Delivery Systems or NURS 46000 Health Care Policy	3	■		■	NURS 46000 regional campuses only
Human Development Elective	3			■	See note 2 on page 2
Health Services Electives	3			■	See note 3 on page 3
General Electives (upper division)	6	■			Should fulfill global diversity requirement if not satisfied earlier
<b>Semester Seven: [15 Credit Hours]</b>					
<b>Requirement: apply for graduation</b>					
IHS 44010 Research Design and Statistical Methods for the Health Professions	3	■		■	
PHIL 40005 Health Care Ethics	3	■		■	
General Electives (upper division)	9	■			Should fulfill global diversity requirement if not satisfied earlier



Critical requirements are boldface in shaded areas

Course Subject and Title	Credit Hours	Upper Div.	Min. Grade	Major GPA	Important Notes
<b>Semester Eight: [16 Credit Hours]</b>					
<b>IHS 44091 Professional Seminar in Integrated Health Studies</b>	<b>3</b>	<b>■</b>	<b>C</b>	<b>■</b>	<b>Fulfills writing-intensive course requirement; offered in spring only</b>
IHS 40091 Seminar for Practicum in Integrated Health Studies	2	■		■	
IHS 44092 Practicum in Integrated Health Studies	3-10	■		■	Fulfills experiential learning requirement
Health Services Elective (upper division)	5	■		■	See note 3 on page 3
General Electives (upper division)	3	■			Number of credits required depends on meeting minimum 121 credit hours and minimum 39 upper-division credit hours

**Graduation Requirements Summary**

Minimum Total Hours	Minimum Upper-Division Hours	Minimum Kent Core Hours	Global / Domestic Diversity Course	Writing-Intensive	Experiential Learning	Minimum Major GPA	Minimum Overall GPA
121	39	36	Kent Core or General Electives / PSYC 11762	IHS 44091	IHS 44092	2.250	2.000

**Kent Core Summary**

Kent Core Categories	Important Notes	Remaining Credit Hours
<b>Additional (6 credit hours)</b> <i>Must be selected from two Kent Core categories</i>	May fulfill global diversity requirement	6
<b>Basic Sciences (6-7 credit hours)</b> <i>Must include one laboratory</i>	Must select one BSCI course, one CHEM course and include one laboratory course from either BSCI or CHEM	6-7
<b>Composition (6-8 credit hours)</b> <i>ENG 11002, 11011, 21011; HONR 10197, 10297</i>	Enrollment based on placement test	6-8
<b>Humanities and Fine Arts (9 credit hours)</b> <i>Minimum one course from humanities in Arts and Sciences category and minimum one course from fine arts category</i>	May fulfill global diversity requirement	9
<b>Mathematics and Critical Reasoning (3-5 credit hours)</b>	Fulfilled in this major with MATH 11009	0
<b>Social Sciences (6 credit hours)</b> <i>Must be selected from two curricular areas</i>	3 credits fulfilled in this major with PSYC 11762	3

**Note 1: Introduction to profession electives (4-6 credit hours), choose from the following:**

(5 credit hours of allied health coursework may be used to fulfill this category)

GERO14029 Introduction to Gerontology <sup>*KSS</sup>	3	NURS 10050 Introduction to Professional Nursing	1
HDFS 14027 Introduction to Human Development and Family Studies	2	NURS 20020 Foundations of Assessment and Communication in Nursing	3
HDFS 44033 Nonprofit Management I	3	OCAT 10000 Introduction to Occupational Therapy	3
HED 21030 Introduction to Health Education	3	PTST 10000 Introduction to Physical Therapy Assisting	2
HST 11000 Introduction to Human Services	1		

\*Fulfills domestic diversity requirement  
<sup>KSS</sup> Fulfills Kent Core Social Sciences requirement

**Note 2: Human development electives (15-16 credit hours), choose from the following:**

BSCI 30030 Human Physiology	4	HED 32530 Drug Use and Misuse	3
BSCI 30050 Human Genetics	3	HED 32544 Human Sexuality	3
GERO 44030 Adult Development and Aging <sup>WIC</sup>	3	HED 44025 Women's Health Issues	3
HDFS 24011 Interpersonal Relationships and Families *	3	HED 46057 Advanced Human Sexuality	3
HDFS 24012 Child Development	3	NURS 20950 Human Growth and Development	3
HDFS 44020 Adolescent Development	3	NUTR 33512 Nutrition	3
HED 11570 Personal Health	3	PSYC 41581 Health Psychology	3
HED 21050 Health Education Theories	3		

\*Fulfills domestic diversity requirement  
<sup>WIC</sup> Fulfills writing-intensive course requirement



**Note 3: Health services electives (14 credit hours), choose from the following:**  
(9 credit hours of allied health courses may be used)

HDFS 34031 Cultural Diversity: Implications for the Helping Professions	3	HED 34050 Program Planning and Evaluation in Health Education	3
HDFS 44032 Nonprofit Fundraising and Grantwriting	3	HED 42041 Health Counseling	3
HDFS 44034 Nonprofit Management II	3	NURS 20030 Foundations of Nursing Interventions	5
HED 11590 Community Health Education	3	PSYC 40383 Psychological Interventions	3
HED 32542 Methods and Applications in Health Education	5	SOC 42563 Sociology of Health and Health Care	3

#### **Kent Core**

Students must complete a minimum 36 credit hours of the Kent Core. Certain courses required in programs and in student's major field may also fulfill the Kent Core. Honors equivalents shall satisfy the Kent Core. None of the courses on the Kent Core list may be taken with a pass/fail grade. Visit [www.kent.edu/catalog/kent-core](http://www.kent.edu/catalog/kent-core) for course list.

#### **Diversity Course Requirement**

Students must complete a two-course diversity requirement, consisting of one with a domestic (U.S.) focus and one with a global focus. One course must come from the Kent Core. The second course may be taken as a second Kent Core, within a major or minor, or as a general elective; or, with dean's approval, by completing one semester of study in another country. Visit [www.kent.edu/catalog/diversity](http://www.kent.edu/catalog/diversity) for course list.

#### **Writing-Intensive Course Requirement**

Students must complete a one-course writing-intensive requirement in their major and earn minimum C (2.000) grade. Visit [www.kent.edu/catalog/wic](http://www.kent.edu/catalog/wic) for course list.

#### **Experiential Learning Requirement (ELR)**

To provide students with direct engagement in learning experiences that promote academic relevance, meaning and an understanding of real-world issues, students must complete this requirement at Kent State, either as a for-credit course or as a non-credit, non-course experience approved by the appropriate faculty member. Visit [www.kent.edu/catalog/elr](http://www.kent.edu/catalog/elr) for course list.

#### **Upper-Division Requirement**

Students must complete a minimum 39 upper-division (numbered 30000 to 49999) credit hours of coursework. Programs in the College of Arts and Sciences require a minimum of 42 hours of upper-division coursework.