

This roadmap is a recommended semester-by-semester plan of study for this major. However, courses and milestones designed as critical (!) must be completed in the semester listed to ensure a timely graduation.

Critical	Course Subject and Title	Credit Hours	Min. Grade	Major GPA	Attribute	Notes
Semester One [14 Credits]						
	IHS 10000 Careers in Health Sciences and Human Services	3		■		
	MATH 11009 Modeling Algebra	4			KMC	
	UC 10097 Destination Kent State: First Year Experience ¹	1				
	Kent Core Requirement ²	3				
	Kent Core Requirement ²	3				
Semester Two [15 Credits]						
	HED 14020 Medical Terminology	3		■		
	Kent Core Requirement ²	3				
	Kent Core Requirement ²	3				
	Kent Core Requirement ²	3				
	Kent Core Requirement ²	3				
Semester Three [15 Credits]						
	PSYC 11762 General Psychology	3			DD/KSS	
	Kent Core Requirement ²	3				
	Introduction to Professions Elective ³	3		■		
	Human Development ⁴	6 - 7		■		
Semester Four [16 Credits]						
	PSYC 21621 Quantitative Methods in Psychology I	3		■		
	Introduction to Professions Elective ³	1 - 3		■		
	Human Development ⁴	3		■		
	Kent Core Requirement ²	3				
	Kent Core Requirement ²	3				
	General Elective ⁶	3				
Semester Five [15 Credits]						
	Human Development ⁴	3		■		
	Health Services ⁵	6		■		
	Kent Core Requirement ²	3				
	General Elective ⁶	3				
Semester Six [15 Credits]						
	NURS 45010 Healthcare Policy and Delivery Systems <i>or</i> NURS 46000 Health Care Policy ⁷	3		■		
	Human Development ⁴	3		■		
	Health Services ⁵	3		■		
	General Elective ⁶	6				
Semester Seven [15 Credits]						
Requirement: apply for graduation						
	IHS 44010 Research Design and Statistical Methods in the Health Professions	3		■		
	PHIL 40005 Health Care Ethics	3		■		
	General Elective ⁶	9				
Semester Eight [15 Credits]						
!	IHS 40091 Seminar for Practicum in Integrated Health Studies	2		■		
!	IHS 44091 Professional Seminar in Integrated Health Studies	3	C ⁸	■	WIC	
	IHS 44092 Practicum in Integrated Health Studies	3 - 10		■	ELR	
	Health Services ⁵	5		■		
	General Elective ⁶	2				

Graduation Requirements Summary

Minimum Total Hours	Minimum Upper-Division Hours 30000 – 40000 level course	Minimum Kent Core Hours	Minimum	
			Major GPA	Overall GPA
120	39	36	2.250	2.000

1. UC 10097 is not required of transfer students with 25 credits (excluding College Credit Plus) or students age 21+ at time of admission.
 2. Must select one BSCI course, one CHEM course and include ones laboratory course from either BSCI or CHEM to fulfill the Kent Core Basic Science Category.

3. Introduction to profession electives (4-6 credit hours), 5 credit hours of allied health coursework may be used to fulfill this category

Choose from the following	
GERO 14029 Introduction to Gerontology (3)	HST 11000 Introduction to Human Services (1)
HDFS 14027 Introduction to Human Development and Family Studies (3)	NURS 10060 Introduction to Professional Nursing Practice (3)
HDFS 44033 Nonprofit Management: Community Outreach in Nonprofit Management (3)	NURS 20020 Foundations of Assessment and Communication in Nursing* (3)
	OCAT 10000 Introduction to Occupational Therapy (2)
HED 21030 Introduction to Health Education (3)	PTST 10000 Introduction to Physical Therapist Assistant (1)

* Nursing majors only

4. Human development electives (15-16 credit hours)

Choose from the following	
BSCI 30130 Human Physiology (3)	HED 32530 Drug Use and Misuse (3)
BSCI 30050 Human Genetics (3)	HED 32544 Human Sexuality (3)
GERO 44030 Adult Development and Aging (3)	HED 44025 Women's Health Issues (3)
HDFS 24011 Interpersonal Relationships and Families (3)	HED 46057 Advanced Human Sexuality (3)
HDFS 24012 Child Development (3)	NURS 20950 Human Growth and Development for Health Professionals (3)
HDFS 44020 Adolescent Development (3)	NUTR 33512 Nutrition (3)
HED 11570 Personal Health (3)	PSYC 41581 Health Psychology (3)
HED 21050 Health Education Theories (3)	

5. Health services electives (14 credit hours), 9 credit hours of allied health courses may be used to fulfill this category

Choose from the following	
HDFS 34031 Cultural Diversity: Implications for the Helping Professions (3)	HED 34050 Program Planning and Evaluation in Health Education (3)
HDFS 44032 Nonprofit Fundraising and Grantwriting (3)	HED 42041 Health Coaching (3)
HDFS 44034 Principles and Practices of Nonprofit Management (3)	NURS 20030 Foundations of Nursing Interventions* (5)
HED 11590 Community Health Education (3)	PSYC 40383 Introduction to Clinical Psychology (3)
HED 32542 Methods and Applications of Health Education (5)	SOC 42563 Sociology of Health and Health Care (3)

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6. Number of credits required depends on meeting minimum 120 credit hours and minimum 39 upper-division credit hours.

7. NURS 46000: regional campuses only.

8. A minimum C (2.000) grade must be earned to fulfill the writing-intensive requirement.

University Requirements: Bachelor's degree-seeking students must meet Kent Core (general education requirements), diversity, writing-intensive and experiential learning requirements. For more information about these requirements, please read the following sections in the University Catalog: Kent Core – www.kent.edu/catalog/kent-core; Diversity Course Requirement – www.kent.edu/catalog/diversity; Writing-Intensive Course Requirement – www.kent.edu/catalog/wic; Experiential Learning Requirement – www.kent.edu/catalog/elr.

Attribute Legend: **DD** Diversity–Domestic; **DG** Diversity–Global; **ELR** Experiential Learning; **KAD** Kent Core Additional; **KBS** Kent Core Basic Sciences; **KCM** Kent Core Composition; **KFA** Kent Core Fine Arts; **KHU** Kent Core Humanities; **KMC** Kent Core Mathematics and Critical Reasoning; **KSS** Kent Core Social Sciences; **WIC** Writing Intensive